



Unit 9 – Employment – Finding a Job

Identifying Personal Strengths

Three Oranges

Objectives	By the end of this lesson, participants will be able to: <ul style="list-style-type: none">• Perform self assessment• Identify their personal strengths
Time	15 – 20 minutes
Materials	Three (different looking) oranges, personal quality handouts (included)

Procedure

- Begin by presenting the three oranges to the class.
- Tell the participants that at the market where these oranges are sold, they all cost the same price.
- Ask participants to identify which orange they would buy and explain why? Lead participants to choose the “best” orange.
- Remind participants that an employer will think in the same way; they will look for the best employee to hire.
- Ask participants what types of statements they think the employer would like to hear:
 - I am a poor refugee. Please help me.
 - I have no job and no money.
 - I am a hard worker.
- Remind participants that an employer will want to know the personal traits/strengths the employees possess before deciding to hire them. Tell participants that they need to think about their own strengths.
- Hand out the personal qualities hand outs to participants. Ask them to identify their strengths from the provided list or to add their own that may not appear. Allow 5 minutes for this. If illiteracy rate is high, this can be done with small groups or as a large group discussion.
- Ask participants to share their answers with the class. What strengths did they identify?

Variation

Alternative fruit or other items can easily replace oranges. Refer to the CO Student Handbook Personal Qualities Inventory (p. 66 in the English version; identical to the Personal Qualities Inventory included).

Assessment

Have participants practice announcing the qualities they have as a group and individually. This is an opportunity to practice eye contact as well.

Personal Qualities Inventory

Here is a list of words that you could use to describe your positive qualities in a job interview. Put a check next to the words that are qualities that you have.

Check	English	Native Language
<input type="checkbox"/>	Well Organized	
<input type="checkbox"/>	Hard Working	
<input type="checkbox"/>	Detail Oriented	
<input type="checkbox"/>	Open Minded	
<input type="checkbox"/>	Ambitious	
<input type="checkbox"/>	Active	
<input type="checkbox"/>	Adaptable	
<input type="checkbox"/>	Energetic	
<input type="checkbox"/>	Cooperative	
<input type="checkbox"/>	Responsible	
<input type="checkbox"/>	Punctual	
<input type="checkbox"/>	Neat	
<input type="checkbox"/>	Motivated	
<input type="checkbox"/>	Responsible	
<input type="checkbox"/>	Confident	
<input type="checkbox"/>	Honest	
<input type="checkbox"/>	Fast Learner	
<input type="checkbox"/>	Dependable	
<input type="checkbox"/>	Disciplined	
<input type="checkbox"/>	Reliable	
<input type="checkbox"/>	Willing to Learn	